## Introduction to HIGHLAND DANCING

All classes held Wednesdays from July 4<sup>th</sup>- August 22<sup>nd</sup>,

@ Johnson Township
Community Centre,
Desbarats

7-8 pm

Children/ youth (ages 4-15)

8-9 pm

Adults (16+)

No experience necessary! These are introductory classes for everyone!

Fee: \$80.00 for full 8-weeks OR \$12.00/ lesson

(The Township of Johnson reserves the right to cancel the program if there are not enough registrations.)

All classes taught by Emma Robinson
- qualified teacher with the
Scottish Dance Teachers Alliance

## What is Highland Dance?

Originating from Scotland, this is a traditional style of dance that is now taught and performed all over the world to the music of the Great Highland Bagpipes.



## Benefits of Dancing?

Full body workout challenging the mind and body in a social environment. Focus on upper/ lower body and core strength, flexibility, and endurance.

To Register or for more information, contact Johnson Recreation at 782 6601 ext. 1-205, or people@johnsontownship.ca



## Township of Johnson Highland Dance Program Registration Form: Wednesdays, July 4<sup>th</sup> – August 22<sup>nd</sup> (please print)

Dancer's Name:	
Birth date:	
dancer is under 18)	
dress:	
me Phone: Work #:	
ail:	
e undersigned (legal parent/guardian) in registering for this Program, agree to abide and be governed by all its scribed by-laws, rules, regulations, policies, principles and philosophies. I certify the child registered here to be sically fit for participation in the program and acknowledge full risk related to the program. I understand that an important collected on this form will be used for the Recreation Program only and will not be passed on to any thickness. I hereby, for myself, my child, my heirs, executors and administrators, waive and release any and all rights a ms for damages I or my child may have against the Township of Johnson and their representatives, successors against for any and all injuries suffered by myself or my child as part of the 2018 Highland Dance Program. I hereby norize my child's involvement in the Township of, Johnson Highland Dance Program for 2018:	rd ind nd
rent/Guardian Signature: Date:	
ernate Contact Name and Phone Number:	

Office use only, please Amount Paid:

Cost: \$80.00 for full 8-weeks or \$12.00/ lesson

(The Township of Johnson reserves the right to cancel the program if there are not enough full registrations.)