

PHASE 4

JANUARY TO SEPTEMBER

POWER OFF & Play

Reduce screen time:

- By Setting limits
- Turn off during important times of the day like eating & sleeping
- Do other activities: Physically; Socially; Interactively; and Creatively!



St. Joseph Twp. * Richards Landing
Wed. January 3rd * 11:00– 3:00 p.m.
OPEN SKATING & SNOW SCULPTURE CONTEST
at Tranter Park * Hot Cider, Fruit, Veggies

Johnson Community Centre Arena

FREE PUBLIC SKATING

Wed. December 27, 6:00 to 7:00 p.m.
Thur. December 28, 3:00 to 4:00 p.m.
Fri. December 29, 1:00 to 2:00 p.m.
Tues. Jan. 2, & Wed. Jan. 3, 6:00 to 7:00 p.m.
Thur. Jan. 4, 3:00 to 4:00 p.m.

(Public Skating: Fri. December 29 & January 5, - regular admission but skate time extended by a half hour – 6:30pm to 8pm. (All skate times end 10 minutes before the hour)



Thessalon Arena Free Holiday Skate

December 27 – 29TH & January 2 – 5th
PUBLIC SKATING: 12:00 p.m. – 1:00 p.m.
HOCKEY: Squirt - Novice: 1:00 p.m. – 2:00 p.m.
Atom - Peewee: 2:00 p.m. – 3:00 p.m.
Bantam - Midget: 3:00 p.m. – 4:00 p.m.

Blind River Community Centre Arena

Wednesday January 3RD
FAMILY SKATE: 10:00 a.m. - 12:30 p.m. * \$2.00



Éteindre et jouer

